

Topic	Tag Rugby	Year	Year 1	Theme	Tagging
Learning Objectives	<ul style="list-style-type: none"> How to tag in Tag Rugby. 				

Literacy Keywords	Tag rugby, belts, target, catch, space, attack, defend, try	Citizenship	Cooperation with others	Numeracy	Keep score of the game
Risk Assessment	<ul style="list-style-type: none"> Area safe and checked – any hazards removed. Equipment safe and checked. Safety information highlighted to participants. Suitable clothing and footwear worn by participants. 			Equipment	<ul style="list-style-type: none"> Rugby balls Cones Tag belts Bibs

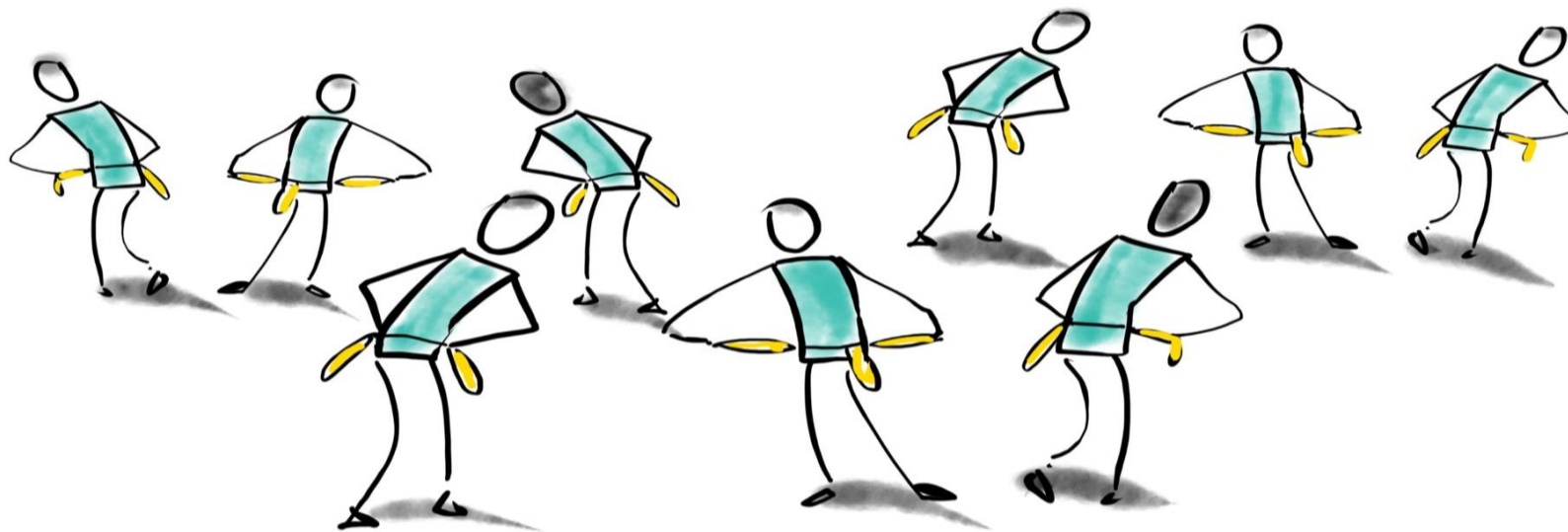
Teacher Notes	<ul style="list-style-type: none"> It is worth spending some time allowing the children to put their tag belts on. This is important. Time spent at the beginning of this lesson can save time in future lessons.
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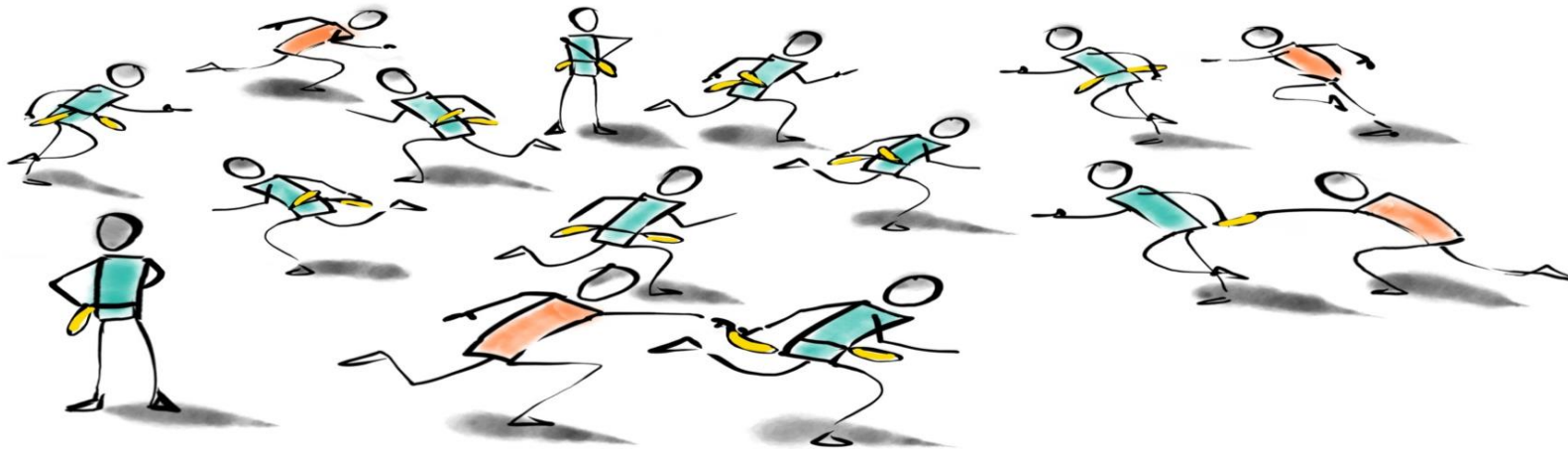
Warm Up	Scarecrow Tig	Duration: 10 mins	Teaching Points
<ul style="list-style-type: none"> • Give 4/5 children bibs and a rugby ball. • They are to hold the ball in two hands and try to touch other children on the body with the ball. • If a child gets tagged, they must then stand still with their arms out like a scarecrow. • Children who are still 'free' must then crawl through their legs to free them. • If the ground is hard have the children duck under the scarecrow's arms to free them. • Repeat. Regularly swap children with the rugby balls. 			<ul style="list-style-type: none"> • Carry the ball in two hands. • Tag them on the body, do not throw the ball at other children.



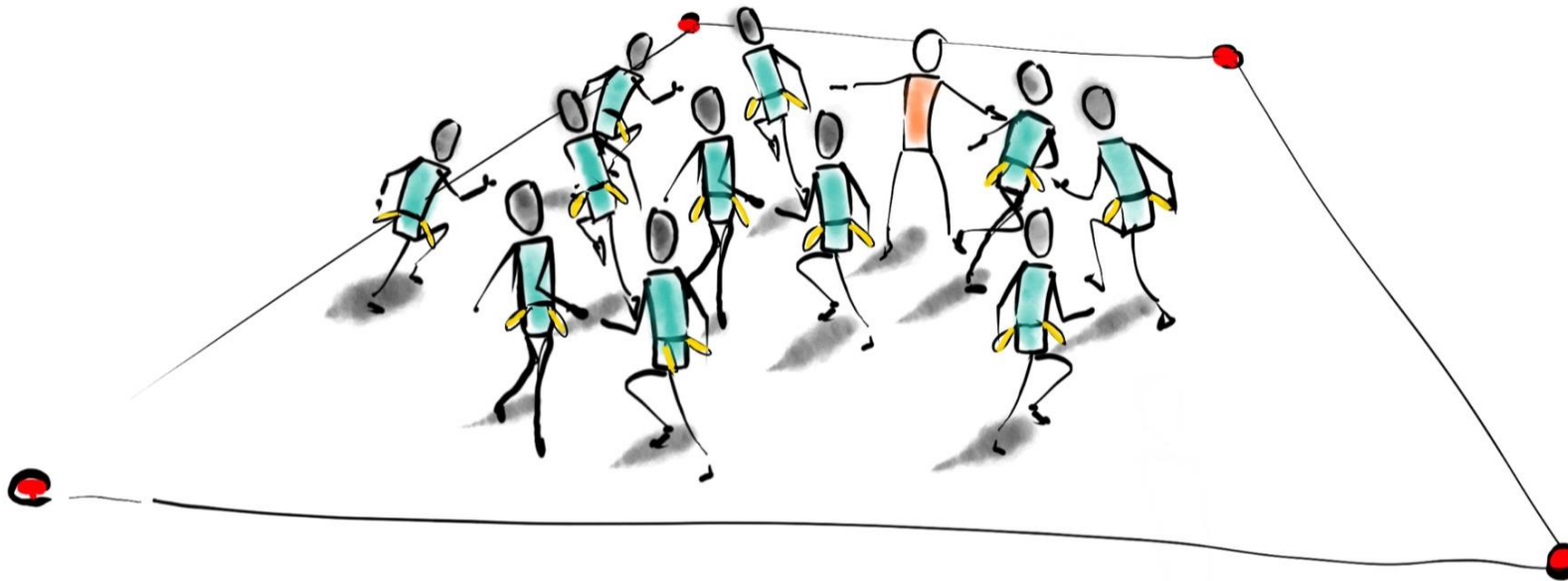
Skill Development	Tag Belt Familiarisation	Duration: 10 mins	Teaching Points
<ul style="list-style-type: none"> Allow the children time to become comfortable with putting the tag belts on and attaching the tags to the belt. Show them how to put the belts on and then give them 10 minutes to practice. If they are able to grasp the concept quickly, move onto the next task. If they are struggling, then spend a little more time on mastering this skill. This will save time in future lessons. 			<ul style="list-style-type: none"> Tag belts above the hips so they do not fall down when running. Attach two tags per belt on the sides. They are not allowed to cover the tags with their shirts. They cannot wrap the tags around the belt, they must be attached and hanging down their side.
To make activity harder			
<ul style="list-style-type: none"> Take all of the tag belts off and spread around the floor. Tell the children they will be timed. Start with every child completing within 1 minute. Challenge them by trying to get the whole class time under 30 seconds. 			



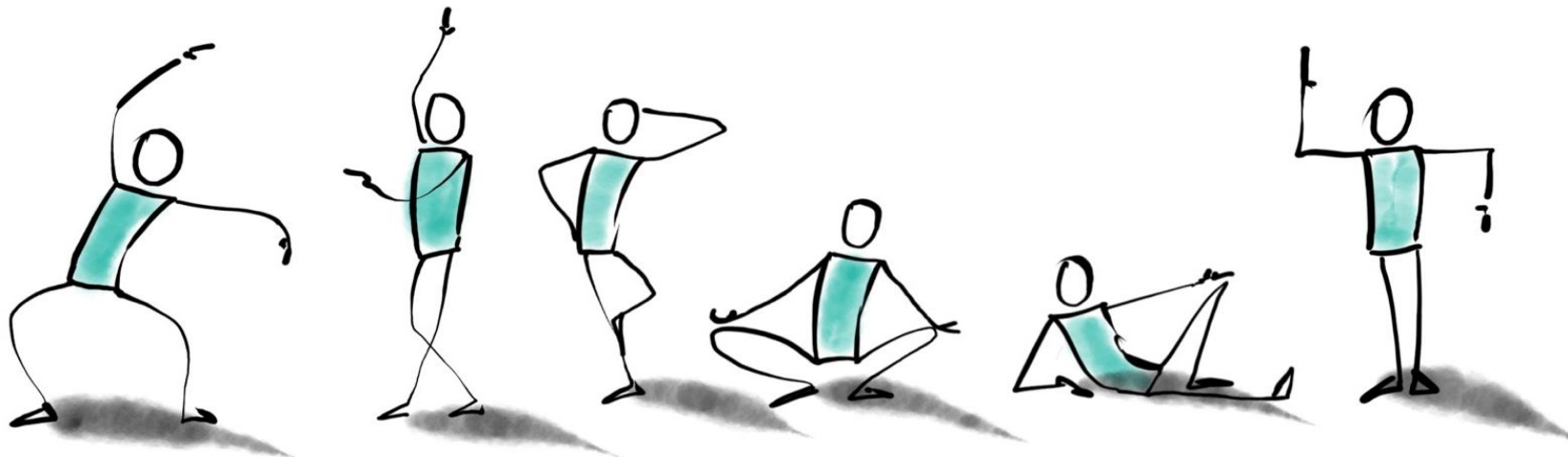
Skill Development	Scarecrow Tag Tig	Duration: 10 mins	Teaching Points
<ul style="list-style-type: none"> Ask the children the rules of Scarecrow Tig that they played for their warm up (whilst they have their tags on) ask them what they think they may be doing for this task. (Playing Scarecrow Tig with the tags). Give 4/5 children bibs to wear. Their task is to pull the tags off the other children. They must then stop and hand the tag back to the child they removed it from. They are not allowed to throw it on the floor. Once they have given the tag back they can join back in the game. The child who receives the tag back, must attach it to their belt before continuing. These are the same rules that are used in the game of Tag Rugby. 			<ul style="list-style-type: none"> Do not make contact with other children. Aim to pull the tag at the bottom, not near where it is attached to their belt. Give the tag back to the child they pulled it from. DO NOT throw it on the floor.
To make activity harder			
<ul style="list-style-type: none"> Add more children as 'catchers'. Give each child a ball to carry whilst they are trying to escape. 			



Game	Stuck in the Middle	Duration: 20 mins	Teaching Points
<ul style="list-style-type: none"> Set up two grid areas 20 steps by 20 steps. Give the children tags and tag belts. One child is selected to go in the middle. On the command “go” from the teacher, the children must run to the other side without being tagged by the child in the middle. If they get tagged, they take their belt off and join the child in the middle trying to tag pupils. The child left at the end, wins the game. They only run once on each command. When they get to the other side they wait there. 			<ul style="list-style-type: none"> Evading techniques. Running and dodging. Light on their feet. Run into space, away from the defender. Taggers grab the tag when it rises up away from their body.



Cool Down	Statues	Duration: 5 mins	Teaching Points
<ul style="list-style-type: none"> Hold a freeze position, the best position and best freeze hold then gets tapped on the shoulder. When they are tapped, they must go and line up ready to finish the lesson. 			<ul style="list-style-type: none"> Encourage children to use their imagination and hold a freeze position in different sporting actions.



Plenary	Teaching Points
<ul style="list-style-type: none"> Name the equipment they have been using today? What do they do when they pull a tag off? What must you do if you have your tag pulled off? 	<ul style="list-style-type: none"> Rugby ball, tag belts, tags. Give it back to the child they removed it from. Wait for it to be passed back to you and then reattach it to your belt.

