

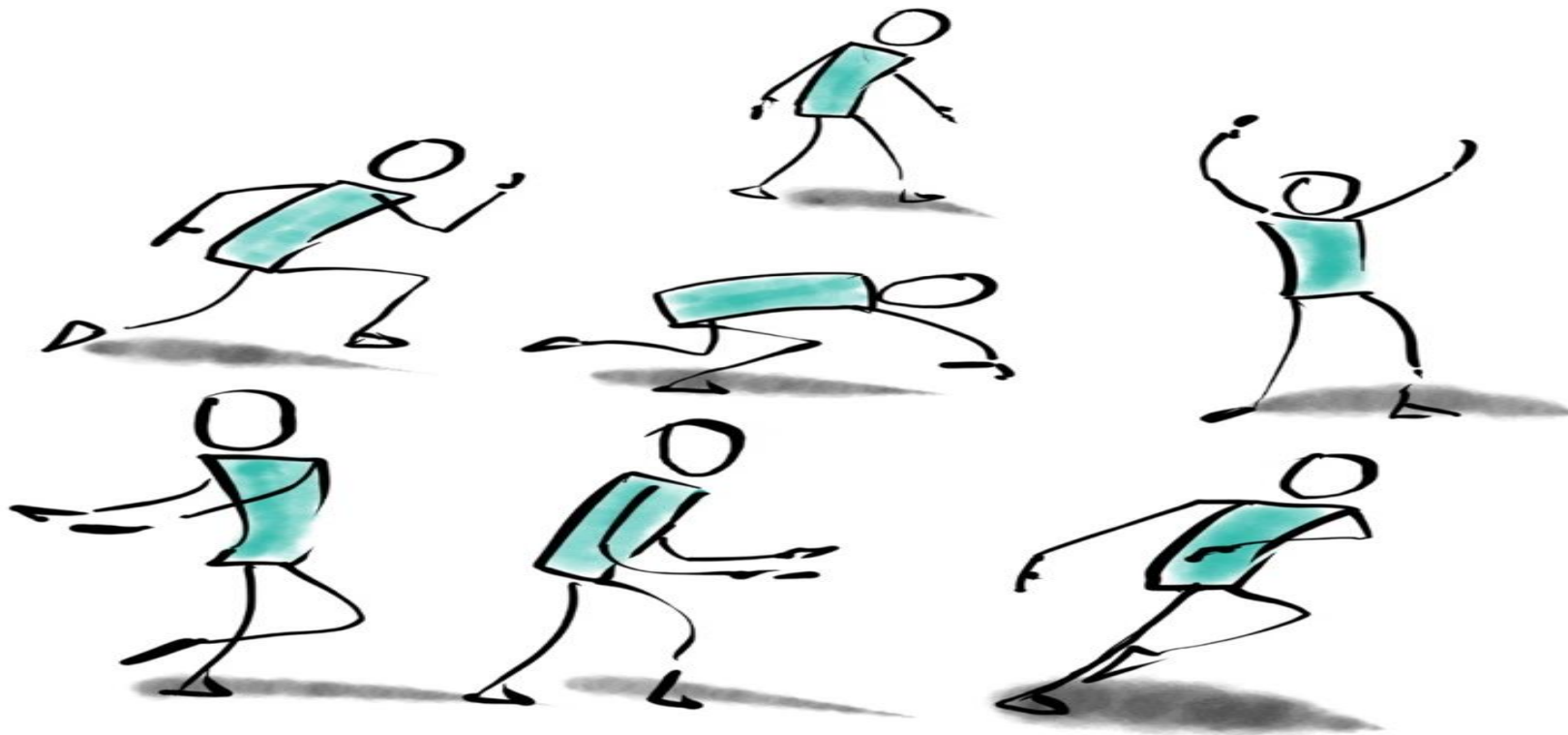
Topic	Tag Rugby	Year	Year 1	Theme	Simple Games
Learning Objectives	<ul style="list-style-type: none"> Understand who the attackers/defenders are. Decide when to pass and when to run. 				

Literacy Keywords	Tag rugby, belts, target, catch, space, attack, defend, try	Citizenship	Cooperation with others	Numeracy	Keep score of the game
Risk Assessment	<ul style="list-style-type: none"> Area safe and checked – any hazards removed. Equipment safe and checked. Safety information highlighted to participants. Suitable clothing and footwear worn by participants. 			Equipment	<ul style="list-style-type: none"> Balls Cones Tag belts Spot mats

Teacher Notes	<ul style="list-style-type: none"> If you are confident in the children's understanding of tag rugby, allow the children to play small sided games rather than one full game.
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Warm Up	Invisible Rugby	Duration: 10 mins	Teaching Points
<ul style="list-style-type: none">• Explain to the children they must pretend they are playing rugby on their own. They need to use their imaginations for this game.• Each command that is given by the teacher must be followed.• Some examples could be: walk, run, score a try, celebrate a try, jump, pass the ball, catch the ball, run around a defender, etc.			<ul style="list-style-type: none">• Head up looking where you are going.• Try to 'dodge' other children and not bump into anyone else.

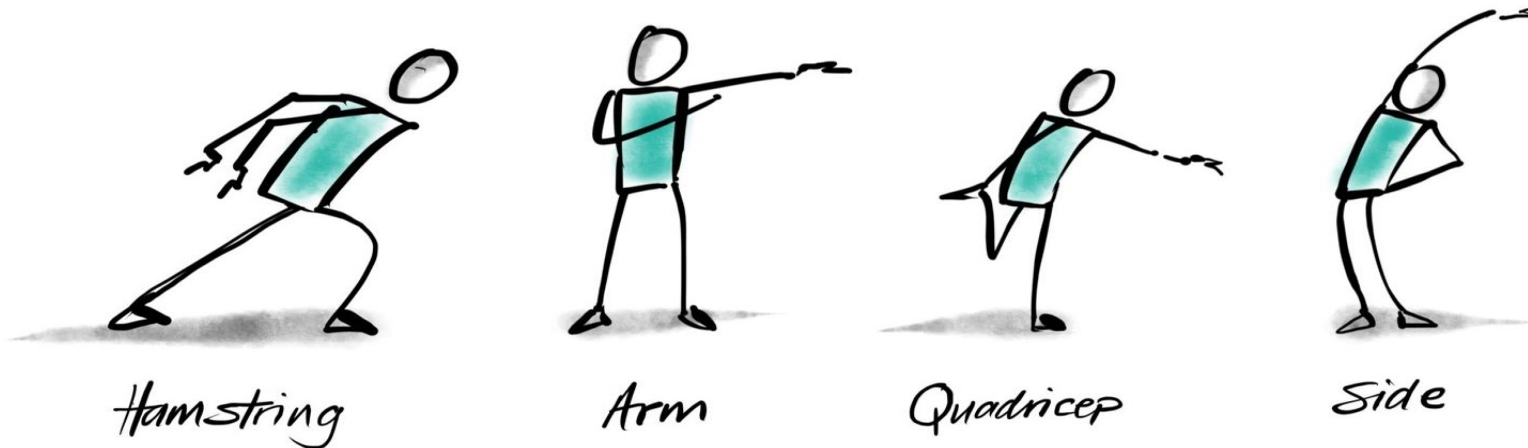


Skill Development	Tag Off	Duration: 10 mins	Teaching Points
<ul style="list-style-type: none"> • Put the children into pairs. • Each child has a tag belt with two tags attached. • The aim of the game is to pull their partners tag off. • When one child gets one, they then pass it back to their partner, allow them to re-attach it and then they start again. • Keep score to make competitive. 			<ul style="list-style-type: none"> • On their toes to try and dodge and evade their partner. • Grab the tag when it is away from the body if possible. • Attempt to grab the end that is not attached to the belt. • Give it back to your partner and do not throw it on the floor.



Game	Tag Rugby	Duration: 25 mins	Teaching Points
	<ul style="list-style-type: none"> Set children up into 4 teams. Set up two try lines of cones that match the team's bibs. This helps them visualise where they are working towards to score a try and the direction they should be travelling. At this level, the children may become bunched up on the pitch following the ball. Encourage them to stand/run into space. The aim of the game is to score a try on the line of cones that are behind the opposite team. There are no set number of 'tags' to be made before they give the ball to the other team. The other team get the ball if a try is scored or the attackers knock the ball forwards. At this level, be lenient with the rule of passing/dropping the ball forward. Only enforce this rule when it is an obvious advantage to the attacking team. When tagging, the defending team must shout "tag" and hold the tag in the air. The attacker then passes the ball before getting their tag back from the defender. The defender must wait and pass the tag back to the player who they tagged. The attacker must attach their tag belt before joining back in with the game. 		<ul style="list-style-type: none"> Stand/run into space. Give the tackled player their tag back. Count to 5 before passing the ball to someone on their team. 
To make activity harder			
	<ul style="list-style-type: none"> Make the playing area smaller. 		

Cool Down	Static Stretches	Duration: 10 mins	Teaching Points
	<ul style="list-style-type: none"> • Standing still. Inform the children they will be stretching some of their large muscle groups. • This will be led by the children. • Ask them to recall what they did in a previous lesson and have them show the class. • They must cover all the parts covered in last week's lesson. 		<ul style="list-style-type: none"> • Arms • Core • Legs • Have the children hold their position for 5 seconds?



Plenary	Teaching Points
<ul style="list-style-type: none"> • Who are the attackers? • Who are the defenders? • Do you have to pass to get around the defender? 	<ul style="list-style-type: none"> • Team with the ball • Team without the ball • No, you can run

