



equipment:

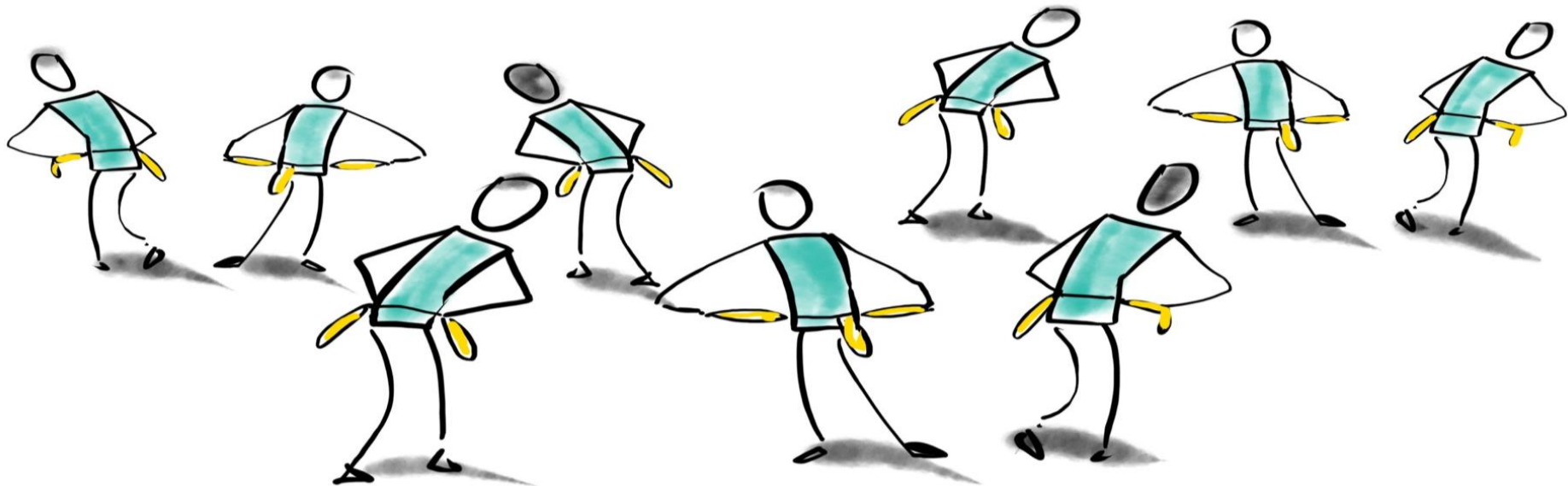
- Rugby balls
- Cones
- Tag belts
- Bibs

how to play:

- 4/5 players wear bibs and have a rugby ball each.
- Hold the ball with two hands and try to touch other children on the body with the ball.
- When tagged – stand still with arms out like a scarecrow.
- Free other by crawling through their legs OR run under their arms.
- Regularly swap the taggers with the balls.

This is a summary of a full plan available at www.PEplanning.org.uk.

Please consider individual pupil requirements and carry out a risk assessment of facilities and equipment before your lesson.



equipment:

- Tag belts
- Tags
- Cones

how to play:

- Let children familiarise themselves attaching the tags to the belt.
- Place belts above the hips and attach two tags on the side of each belt.

Progression:

- Spread all the tag belts around the floor.
- Make it fun explain it's a timed activity and within 1 minute all children must attach two tags to their belt correctly.
- Make the time shorter and more challenging.

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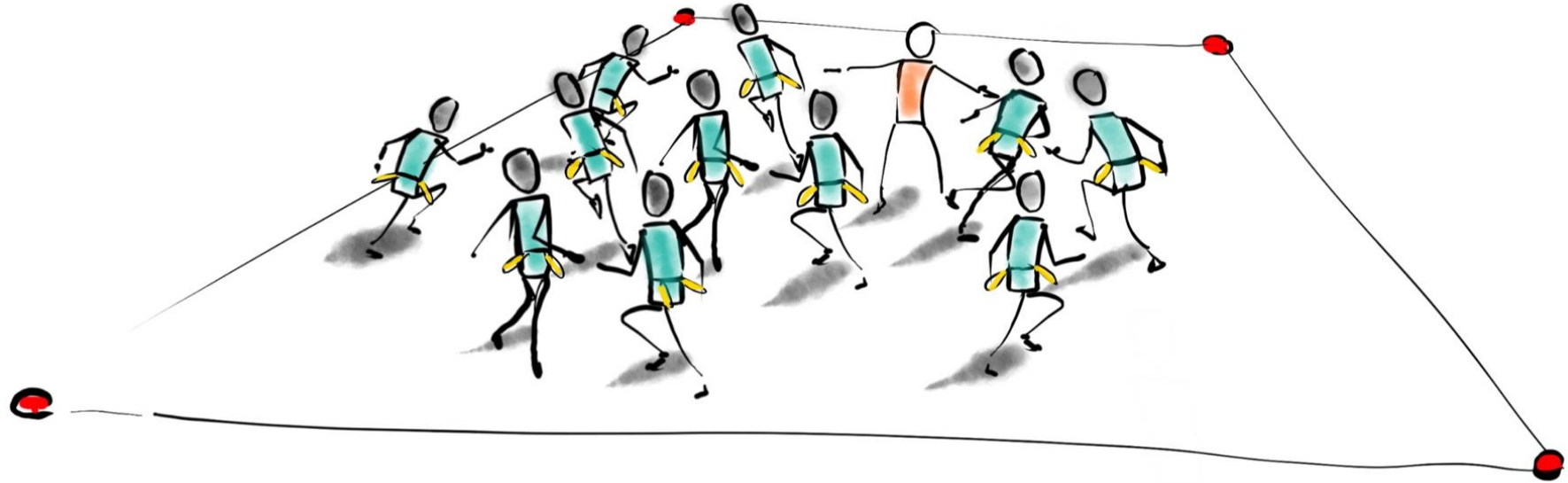


how to play:

- Recap the rules of their warm up game scarecrow tig.
- Give 4/5 children bibs to wear.
- The children in bibs must try to pull off the tags of the other children.
- Once pulling off a tag, they must hand it back to the child they removed it from before continuing the game.
- Children must attach tag back to their belt before continuing the game.

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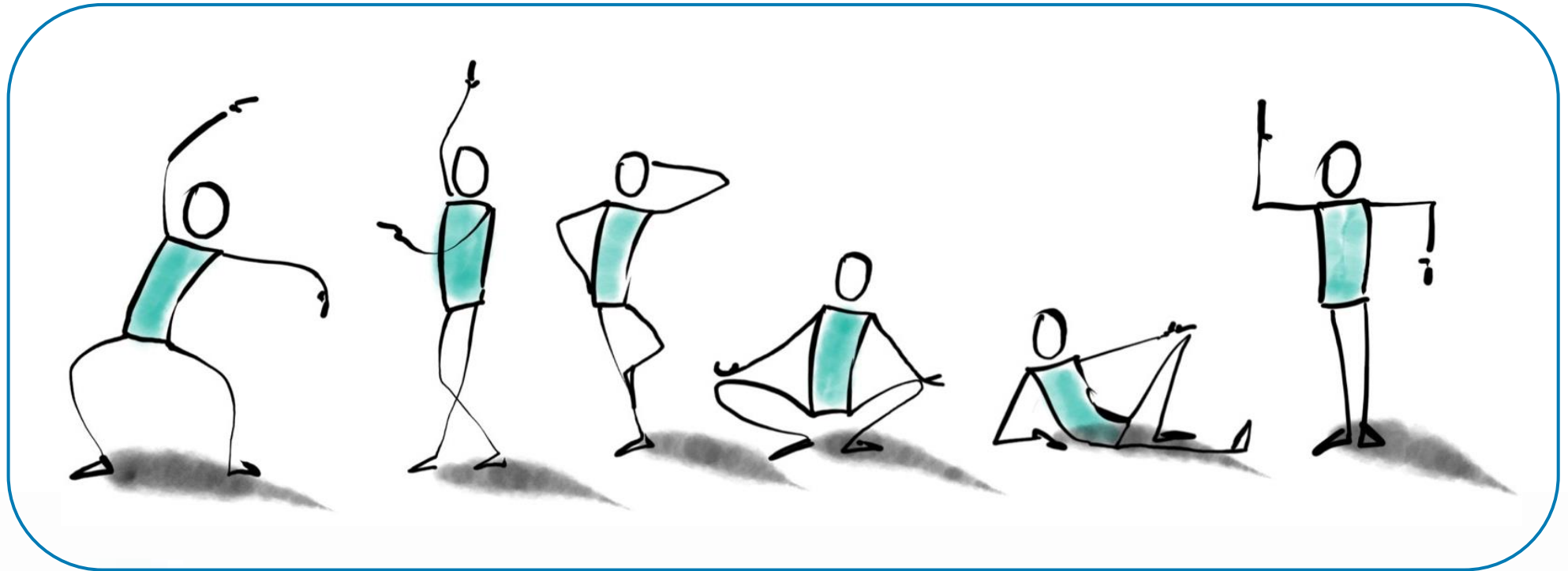


how to play:

- Set up 2 grids 20x20 steps.
- All children need tags and tag belts.
- One child act as the tagger in the middle of the area.
- All children must attempt to run to the other side without being tagged by the child in the middle.
- If tagged, tag off tag belt and join the child in the middle as a tagger.
- Encourage children to use dodging technique.
- Move into the space to avoid taggers.
- Once reach the other side must wait for next command.

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how to play:

- Hold a freeze position.
- The best freeze position will be tapped on the shoulder.
- When tapped on the shoulder go line up ready to finish the lesson.